



APRIL

2026 Newsletter
T'Sou-ke First Nation

In this edition

Housing Update

CCHC Temporary Event Parking & TFN
Vehicle Compound Update

Chief & Council Meeting Summary

Scrap Firewood Pickup *(Apr 11 & 12)*

Diabetes Day *(Apr 14)*

Service Canada in Community *(Apr 15)*

High Ground Hike *(Apr 16)*

Big Bins @ Gravel Pit
(Apr 23-27, Apr 30-May 4)

Wood Chipper in Community
(IR1 Apr 22, IR2 Apr 23)

Working With Cedar: CCP Implementation
Chat & Dinner *(Apr 30)*

Annual Form Updates for Income
Assistance Clients

Fisheries & Marine Updates

Primary Care & Doctor Days Updates

Housing Rental Form

Te'mexw 5 Nations Events

SUM-SHA-THUT-LELLUM Pre-K
Registration forms



📷 Salmon fry release day for SUM-SHA Pre-K students

**Receive updates and monthly
newsletters via email!**

Please call the office or email
communications@tsoukenation.com
to be added to the email list.

T'Sou-ke Office Hours

Monday to Friday
8:30am to 4:30pm

Closed 12:00pm–1:00pm for lunch

Closed Saturday, Sunday,
and Statutory Holidays



Mailing Address: PO Box 307
Sooke, BC, V9Z 1G1



Physical Address: 1000 Soses Snanet Road
Sooke, BC, V9Z 0G7

Keep up-to-date by following the Nation's Facebook pages!



T'SOU-KE NATION MEMBERS COMMUNICATION & UPDATES

Stay informed on the Nation's activities, meetings, events, and more.



T'Sou-ke Nation Health Office

Book health appointments via Facebook, phone, or email.



T'SOU-KE NATION YOUTH & PARENTS

Updates on youth centre activities, programs, and events.



Ladybug Garden & Greenhouse (LBGG)

Featuring the wonders and work taking place in the garden.



T'Sou-ke Jobs Board

Showcasing internal and external job opportunities.

250-642-3957

tsoukenation.com

Administration

Secretary, Sarina Lazzar
secretary@tsoukenation.com
250-642-3957

Administrator, Michelle Thut
administrator@tsoukenation.com
ext. 233

Administrative Assistant, Jessica Kisby
admin3@tsoukenation.com
ext. 242

Communications Coordinator, Natassia Davies
communications@tsoukenation.com
ext. 224

Children, Youth, & Family

Children & Family Manager, Denise Chewka
childfamilylead@tsoukenation.com
ext. 241

Band Designate, Alyssa Svoboda
banddesignate@tsoukenation.com
ext. 247

Family Support Worker, Brandy Daniels
familysupportservices@tsoukenation.com
ext. 240

Youth Worker, Brittany Vince
youthcentre@tsoukenation.com

Finance

Finance Manager, Sandra Sprinkling
admin1@tsoukenation.com
ext. 223

Finance Assistant, Tara Jensen
admin2@tsoukenation.com
ext. 222

Income Asst. & Employment Svc., Yvonne St. Pierre
socialdevelopment@tsoukenation.com
ext. 249

Fisheries & Marine

Fisheries Stewardship Manager, Edward Chutter
fisheriesdirector@tsoukenation.com
ext. 228

Marine Guardian, Albany (Ali) Gallant
fisheries@tsoukenation.com
ext. 230

Marine Field Technician, Milynda Planes
mplanes@snekecentre.ca
ext. 248

Marine Field Technician, Louis Sudlow
lsudlow@snekecentre.ca
ext. 231

Health Department

Health Manager, Rose Dumont
rosedumont@tsoukenation.com
ext. 237

Indigenous Wellness Provider, Kristin Benty
indigwellness@tsoukenation.com
ext. 232

Community Nurse, Jennifer Routhier
nurse1@tsoukenation.com
ext. 238

Health Care Assistant (HCA), Lorissa Orser
healthcareassistant@tsoukenation.com
ext. 238

HCA, Maternal Child Health Worker, Debbie Ridley
healthcareassistant@tsoukenation.com
ext. 235

Community Health, Daphne Underwood
communityhealth@tsoukenation.com
ext. 235

Chief and Council

Chief Lawrence Underwood
chiefunderwood@tsoukenation.com

Councillor Rose Dumont
dubzdu@gmail.com

Councillor Bonnie Hill
bonniehill@tsoukenation.com

Councillor Debra Lazzar, Khumchíshliá
debralazzar@tsoukenation.com

Lands, Forestry, Environment

Land Governance Manager, Eva Shaffer
landsmanager@tsoukenation.com
ext. 227

FireSmart & Emergency Preparedness, Emily Lock
emily@tsoukenation.com
ext. 245

Lands Referrals Clerk, Amanda Mobley
landsandreferralsclerk@tsoukenation.com
ext. 243

Terrestrial Guardian, Dave Planes
guardian1@tsoukenation.com

Terrestrial Guardian, Raven Planes
guardian2@tsoukenation.com

Environment/Forestry, Lawrence Underwood
forestryandenvironment@tsoukenation.com
ext. 226

Ladybug Garden

☎ 250-642-3949

Garden Coordinator, Christine George
ladybuggarden@tsoukenation.com

Public Works

Public Works Manager, John Warren
maintenance@tsoukenation.com
ext. 239

Maintenance Worker, Dustin Sutherland

Janitor, Kristina Jensen

Janitor, Skye Wormald

Sum-SHA-Thut Lellum

☎ 250-642-2263

Early Childhood Educator (ECE), Jennifer Dumont
sumsha@tsoukenation.com

ECE Assistant, Jie Deng
jiedengsumsha@tsoukenation.com

Meetings & Events

April 2026

Please note: these services are intended for T'Sou-ke Nation members & their families unless otherwise stated.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
				Te'mexw Treaty Meeting 5:30pm	CLOSED (Good Friday)	
5	6	7	8	9	10	11
	CLOSED (Easter Monday)	Tribal Journeys Meeting & Dinner 5:30pm		Soup Kitchen 11am-1pm Little Cousins Club 2:30-4pm IPCA Dinner & Bingo 5:30pm		Scrap Firewood Pickup 7:30am-2:30pm @ Gravel Pit
12	13	14	15	16	17	18
Scrap Firewood Pickup 7:30am-2:30pm @ Gravel Pit		Diabetes Day 2-4pm SENĆOŦEN Language Class 6-7:30pm	Service Canada in Community 10am-3pm	High Ground Hike 1:00pm Siaosun Gazebo to McMillan Building		
19	20	21	22	23	24	25
			Dumpster Bins @ Gravel Pit (3 truckloads per week)			
			Wood Chipper on IR#1	Wood Chipper on IR#2 Little Cousins Club 2:30-4pm	Te'mexw 5 Nations Elders' Event 1:30pm Khowutzun Heritage Centre, 200 Cowichan Way, Duncan	Te'mexw 5 Nations Gathering 9:30am-5:00pm Khowutzun Heritage Centre, 200 Cowichan Way, Duncan
26	27	28	29	30	MAY 1	2
	Chief & Council Meeting 6-8pm Via Zoom Paint Night with Kelsie Registration Req'd 6-8pm	Meal Bag Pickup 1:30-7:30pm SENĆOŦEN Language Class 6-7:30pm	Dumpster Bins @ Gravel Pit (3 truckloads per week)			
			Community Dinner 5:30pm	Cedar Weaving & CCP Implementation Talks (Goal 5) 5:30-7:30pm	Elders' Roadside Pickup for bin disposal Have piles ready at end of driveway in the morning	
3	4	5	6	7	8	9
			Spring Open House + Dinner 5:30-7:30pm			

Wellness Activities

April 2026

Please note: these services are intended for T'Sou-ke Nation members & their families unless otherwise stated.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Rise & Shine Fitness 6-7am Boxing (Adult Fitness) 5-6pm Full Body Fitness 7:30-8:30pm	Sea to Tree Counselling 12-7pm Boxing (Adult Fitness) 12-1pm Boxing (Advanced) 6-8pm	Rise & Shine Fitness 6-7am T'Sou-ke Walking Group 9:30-11:30am Boxing (Adult Fitness) 5-6pm Full Body Fitness 7:30-8:30pm	Boxing (Adult Fitness) 12-1pm Boxing (Advanced) 6-8pm	Rise & Shine Fitness 6-7am Yoga 12-1:00pm Boxing (Adult Fitness) 5-6pm
9	10	11	12	13
Rise & Shine Fitness 6-7am Boxing (Adult Fitness) 5-6pm Full Body Fitness 7:30-8:30pm	Sea to Tree Counselling 12-7pm Boxing (Adult Fitness) 12-1pm Boxing (Advanced) 6-8pm	Rise & Shine Fitness 6-7am T'Sou-ke Walking Group 9:30-11:30am Boxing (Adult Fitness) 5-6pm Full Body Fitness 7:30-8:30pm	Boxing (Adult Fitness) 12-1pm Boxing (Advanced) 6-8pm	Rise & Shine Fitness 6-7am Yoga 12-1:00pm Boxing (Adult Fitness) 5-6pm
16	17	18	19	20
Rise & Shine Fitness 6-7am Boxing (Adult Fitness) 5-6pm Full Body Fitness 7:30-8:30pm	Sea to Tree Counselling 12-7pm Boxing (Adult Fitness) 12-1pm Boxing (Advanced) 6-8pm	Rise & Shine Fitness 6-7am T'Sou-ke Walking Group 9:30-11:30am Boxing (Adult Fitness) 5-6pm Full Body Fitness 7:30-8:30pm	Boxing (Adult Fitness) 12-1pm Boxing (Advanced) 6-8pm	Rise & Shine Fitness 6-7am Yoga 12-1:00pm Boxing (Adult Fitness) 5-6pm
23	24	25	26	27
Rise & Shine Fitness 6-7am Boxing (Adult Fitness) 5-6pm Full Body Fitness 7:30-8:30pm	Sea to Tree Counselling 12-7pm Boxing (Adult Fitness) 12-1pm Boxing (Advanced) 6-8pm	Rise & Shine Fitness 6-7am T'Sou-ke Walking Group 9:30-11:30am Boxing (Adult Fitness) 5-6pm Full Body Fitness 7:30-8:30pm	Boxing (Adult Fitness) 12-1pm Boxing (Advanced) 6-8pm	Rise & Shine Fitness 6-7am Yoga 12-1:00pm Boxing (Adult Fitness) 5-6pm
30	31			
Rise & Shine Fitness 6-7am Boxing (Adult Fitness) 5-6pm Full Body Fitness 7:30-8:30pm	Sea to Tree Counselling 12-7pm Boxing (Adult Fitness) 12-1pm Boxing (Advanced) 6-8pm			



Housing Update

We've been making steady progress on housing, and it's encouraging to see things continuing to move forward across a number of areas.

On the multi-family development, the housing team has now received early concept layouts. We'll be taking time to review and provide feedback to DYS, and look forward to bringing these forward to Chief & Council and the community in the coming months for discussion and input.

On the renovation front, we are just wrapping up the final two projects from the last round, which supported improvements to 15 homes. As we look ahead, we will be preparing our next renovation funding submission for April 2026 and will be reaching out to those who have already added their names to the renovation list.

If you haven't yet put your name forward and would like to be considered for future renovations, please reach out to Sandra, Tara, or Michelle, or email housing@tsoukenation.com to be added to the list.

We're also happy to share that 8 lots have now been distributed in the new subdivision, and you will begin to see homes being built in the near future. It's always a good feeling to see that kind of progress on the ground.

We continue to move forward with the lot transfer process as shared in the July 2025 update, with a focus on fairness, readiness, and supporting members coming home.

As part of this work, we know there have been questions and perspectives shared about specific areas within the subdivision, including areas near environmental features. These are important conversations, and we want to acknowledge that they were carefully considered. The subdivision planning process included a number of technical studies to help guide development, and protections are in place to ensure environmental features such as streams and surrounding areas are respected.

At the same time, we continue to face significant housing demand, with many members wanting the opportunity to come home. Decisions around lot development require us to balance these important considerations respecting the land while also creating space for our people. While not every decision will align with every perspective, we remain committed to moving forward in a way that is thoughtful, informed, and grounded in the needs of the broader community.

As we move ahead, we will continue with the phased approach to releasing additional lots, consistent with the lot transfer process previously shared with the community. This approach ensures fairness, supports readiness to build, and allows us to continue moving members home in a structured and sustainable way.



CCHC Temporary Event Parking & TFN Vehicle Compound Update

As part of our continued work at the T'Sou-ke SKÁ,PEŁ I,SOT Á,LEN – Community Complex and Health Centre (CCHC), we are moving forward with the installation of a temporary parking and vehicle storage area to better support activity on site.

This work includes two distinct spaces:

Event Parking Area

A dedicated overflow parking area to support community events, gatherings, and increased activity at the CCHC. This will help ensure safe, accessible parking for members and guests during busy times.

TFN Vehicle Storage Compound (Fenced)

A separate, secured compound with fencing that will be used for T'Sou-ke Nation vehicles, maintenance equipment, and operational storage. This will help keep work vehicles organized while freeing up parking space for community use.

Together, these improvements will help reduce congestion, improve safety, and make better use of the space as programming and events continue to grow at the CCHC.

This is a temporary solution while we continue planning for longer-term infrastructure and site improvements.

You may notice some activity on site as this work gets underway, including site preparation and fencing installation. We appreciate your patience during this time and will do our best to minimize any disruption.

As always, our goal is to make gatherings at the CCHC welcoming and easy to navigate without the “where do I park?” shuffle when things get busy.

If you have any questions or concerns, please reach out to the Public Works Manager, John Warren, or the Administrator, Michelle Thut.



Chief & Council Meeting Summary

March 30, 2026

Council Policy and Project Updates

Chief and council discussed updates on various policies, including the vehicle use policy, conflict of interest policy, and administrative protocol. The group also reviewed updates on parking and vehicle storage, lot development and housing, as well as signage and language initiatives, noting the plan to incorporate audio supports for specific SENĆOŦEN signage.

Emergency Management & Preparedness Plan Adoption

An updated Emergency Management and Preparedness Plan (EMAP) was presented to council. The plan builds on the old Emergency Management Plan and combines five documents into one comprehensive emergency management guide that will better equip the Nation to mitigate, prepare for, and manage emergency situations. Council voted to adopt the plan and work will continue through the Lands department to bring the plan to fruition.

Vessel Sale and Replacement Proposal

A proposal was presented by the Fisheries department to sell the current 29-foot Northwest aluminum vessel and use the proceeds to purchase a custom-built aluminum landing craft. The purpose-built vessel would provide many benefits including its versatility for various operations like crab and salmon fishing, environmental response, and staff training. Council approved the asset release and procurement. Fisheries will move forward with the process.

Third Quarter Finance Review

The third quarter finance report was reviewed, showing various revenue and expense deviations. They discussed any deviations from budget or overages within each department and confirmed that any other areas are on track and within budget.

Family Tree Database Updates

Council discussed a Letter of Request from Te'mexw Treaty Association regarding forming an Enrollment and Engagement Committee with TFN members. The request is for 3 to 5 members to form this committee. Council discussed and will select committee members from the established community family tree committee.



PO Box 307, Sooke B.C., V9Z 1G1
Ph.: 250-642-3957 Fax: 250-642-7808

April 1, 2026

Notice of Chief and Council Meeting

T'Sou-ke Nation registered members are invited to join the Zoom livestream of the upcoming Chief and Council meeting:

Monday, April 27, 2026

6:00–8:00pm

Watch online via Zoom

Livestreams are for T'Sou-ke registered members only. If you wish to watch online, please email Natassia Davies via communications@tsoukenation.com to receive the Zoom link and passcode. Please note that upon requesting the Zoom link or joining the Zoom session, you may be asked to confirm your identity by providing your full name and/or member registration number. We appreciate your understanding and cooperation.

We kindly ask all registered members in attendance to adhere by the *Open Meeting Rules and Guidelines* found at the bottom of the Chief and Council page on the T'Sou-ke website: <https://tsoukenation.com/chief-and-council/>.

If you have any questions, please contact Michelle via email at administrator@tsoukenation.com, or call 250-642-3957 ext. 233.

SENĆOŦEN Language Class

ÍY,ŞÇÁĆEL (Good Day)
Families! Language classes
are available on the
following dates at the
CCHC:

April 14
April 28

6–7:30pm

Please feel free to join in
classes whenever you are
able. **You don't need to
register.** Ivy is a kind,
patient teacher with much
knowledge to share. We
look forward to learning
together!

Diabetes Day

Stop by for a visit with Nurse Jen, Community Wellness Worker
Daphne, and our dietician Jen Cody.

Tuesday, April 14
2:00–4:00pm

Learn how to make energy balls, explore nettle tea, and gain
diabetes education while learning about supports available.

Te'mexw Treaty Meeting

May 7
5:30pm Dinner
6:00pm Meeting
@ CCHC or via Zoom

Scrap Firewood Pickup

April 11 & 12
7:30am–2:30pm

@ Gravel Pit

IPCA Dinner & Bingo

Thursday, April 9
5:30–7:30pm @ CCHC

Join us on Thursday, April
9th for our monthly dinner
to discuss Indigenous
Protected and Conserved
Areas (IPCAs) and T'Sou-ke
Nation's intention to
establish an IPCA within
our territory.

Meal Bag Pickup

Meal bags are provided based on need and are distributed *per
household* while supplies last.

This month's pickup day is:

Tuesday, April 28
1:30–7:30pm

Meal bags must be picked up by a member of your household. We
are unable to release meal bags to individuals picking up on behalf
of other family members.

Blood Pressure Checks Available

If you need your blood pressure checked, our nurses are available:

Nurse Kurstin: Mondays & Thursdays
Nurse Jen: Monday to Friday

Little Cousins Club

April 9
April 23
2:30–4pm @ CCHC

Parents/caregivers and little
ones ages 5 and under, join us
for afternoon playtime!
Register via
mchworker@tsoukenation.com

Chief & Council Meeting

Monday, April 27
6–8pm via Zoom

Community Dinner

Wednesday, April 29
5:30pm @ CCHC

Bins & Wood Chipper in Community



The big bins are back! Dumpsters will be available at the T'Sou-ke Gravel Pit for members to dispose of heavy garbage, electronics, and metal items. For brush and tree trimmings around your yard, a wood chipper will be visiting IR1 and IR2—check details and dates below.

Big Bins

April 22 through April 26

April 29 through May 3

T'Sou-ke Gravel Pit

Maximum three truck loads per week

Elders' Roadside Pickup

May 1

For Elders and those with disabilities who are unable to bring their garbage to the bins, we can come pick it up for you.

If you require this service, please leave your garbage **at the end of your driveway** on May 1 for pickup.

We kindly ask that roadside pickups be **limited to a maximum of two truckloads.**

Accepted:

- ✓ Broken or old TVs
- ✓ Computer towers & monitors
- ✓ Laptops & tablets
- ✓ Stereos & speakers
- ✓ General electronics
- ✓ Small & large appliances
- ✓ BBQs (no propane tanks)
- ✓ Bed frames
- ✓ Mattresses & boxsprings
- ✓ Old furniture

Not Accepted:

- ✗ Cans, bottles, or glass
- ✗ Cardboard
- ✗ Kitchen scraps
- ✗ Propane bottles
- ✗ Paint or aerosol cans
- ✗ Construction material
- ✗ Renovation material
- ✗ Roofing material
- ✗ Tires
- !! Fridges & freezers must be empty

Wood Chipper

IR#1 on April 22

IR#2 on April 23

FREE roadside pickup
Max diameter = 5 inches

We have booked a truck and wood chipper for community members to clear out branches, debris, and overgrowth from around the yard in an effort to increase our community's wildfire resiliency.

Please have your branches and brush piles at the roadside by the morning of your pick up date, and ensure any branches being chipped are no more than 5 inches in diameter.

If you won't be home, email or call Emily to let her know where your pile is located (or leave it in a visibly obvious location).

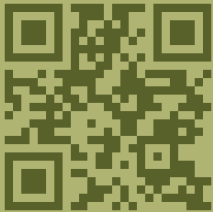
Free Wood Chipping for Otter Point & East Sooke Residents

Otter Point

April 18

June 6

Registration required



Hold phone camera over QR code and follow link.

Otter Point, it's time to FireSmart your property for the Spring!

Here's what you need to know:

- ✓ Have your branches and brush piles at the roadside by the morning of your pick up date
- ✓ Crews will arrive Saturday to chip and haul it away
- ✓ Only piles that are properly prepared and pre-registered will be picked up

For more information, email the CRD FireSmart Coordinator at firesmart@crd.bc.ca, or email the fire hall at info@otterpointfire.bc.ca.

If you are a resident of Otter Point and would like your yard trimmings chipped, you must complete this registration form to apply, accessible via the QR code to the left.

You are not confirmed until you receive an email confirmation that you are registered.

East Sooke

April 24

Registration required



Hold phone camera over QR code and follow link.

East Sooke Fire is excited to bring back the Roadside Chipper Day!

The Chipper Day Program offers free roadside pickup and disposal of excess vegetation from residential properties, with the goal of assisting residents with their FireSmart efforts by reducing the fuel load around their home.

If you have additional questions or information that will assist the East Sooke Fire Department crews with your pickup, please email them at eastsookefiresmart@gmail.com.

If you are a resident of East Sooke and would like your yard trimmings chipped, you must complete this registration form to apply, accessible via the QR code to the left.

You are not confirmed until you receive an email confirmation that you are registered.

DREAM BIG: Implementing the Comprehensive Community Plan

The Comprehensive Community Plan (CCP) is complete and now it's time to set the wheels in motion!

Over the next several months we will be hosting community sessions for each of the seven goals in the CCP. These sessions will ask community members to DREAM BIG and share ideas and actions for HOW we can implement each goal.

This is your opportunity to voice your desires for long-held wishes or things you've been wanting to see in community!

Maybe you want a sports field, or a Nation app to stay on top of news, or a large smokehouse to preserve fish. Perhaps you dream of a yearly community camping trip in territory, or canning classes, or hunting trips.

Whatever it is, no dream is too big or too small during this phase of planning. Check out the goals in the CCP to see where your ideas can align, and then attend that session.

April Implementation Session Topic:

Goal 5: Provide relevant, effective, and equitable programs and services for our members.

Thursday, April 30
5:30–7:30pm
@ CCHC

Come work with cedar! Join staff members from the Health & Children & Family departments for our second CCP Implementation session. **We'll be having a relaxed conversation while we work with cedar and enjoy Daphne's seafood chowder.** Childcare will be available.

If you have been wanting to see specific services in community or have ideas for how we can implement the programming goals outlined in the Comprehensive Community Plan, we invite you to attend this session on Thursday, April 30.

These sessions are intended to be low-key and conversational to provide a comfortable setting where all voices are welcome. We'd love for you to attend!

CCP Implementation Survey

Goal 6: Communicate & engage in ways that work for all members

If you were not able to make the March 24th, 2026, Community Dinner and Engagement Session on the Comprehensive Community Plan (CCP) Implementation, we invite you to answer the following questions about realizing the goal of “Communicating and engaging in ways that work well for all members.”

You can submit your responses to Natassia via communications@tsoukenation.com. The survey is also available online: <https://forms.cloud.microsoft/r/kHm2Aa40jq>

1. What does that goal look like to you?

2. What is communication to you?

3. What is engagement to you?

4. What are effective ways to communicate? Who is that effective for?

5. What are effective ways to engage? Who is that effective for?

6. Who are the groups of people we want to engage and communicate with?

7. Are there ways to engage that will include more people, be more fun, or more interesting?

8. How would you like to be engaged?

9. Is there anything else about communication and engagement from your Leadership and Administration that you want to share with us?



We Want to Hear From You: Learning Together About Co-Management

Join us:

T'Sou-ke Nation is continuing the work of establishing our **Indigenous Protected and Conserved Area (IPCA)**. At this gathering, we will explore what **co-management** could look like for T'Sou-ke through a panel discussion featuring speakers with experience in co-management and Indigenous-led stewardship.

Call for questions:

This is an opportunity to learn together. **We welcome questions in advance** - feel free to email them to abby@iisaakolam.ca by **April 6th** to help inform the panel discussion. There will also be space for emergent conversation.

Building a strong understanding of co-management will help support informed decision-making about how T'Sou-ke territory is cared for into the future.

WHAT: Community Dinner & Bingo!

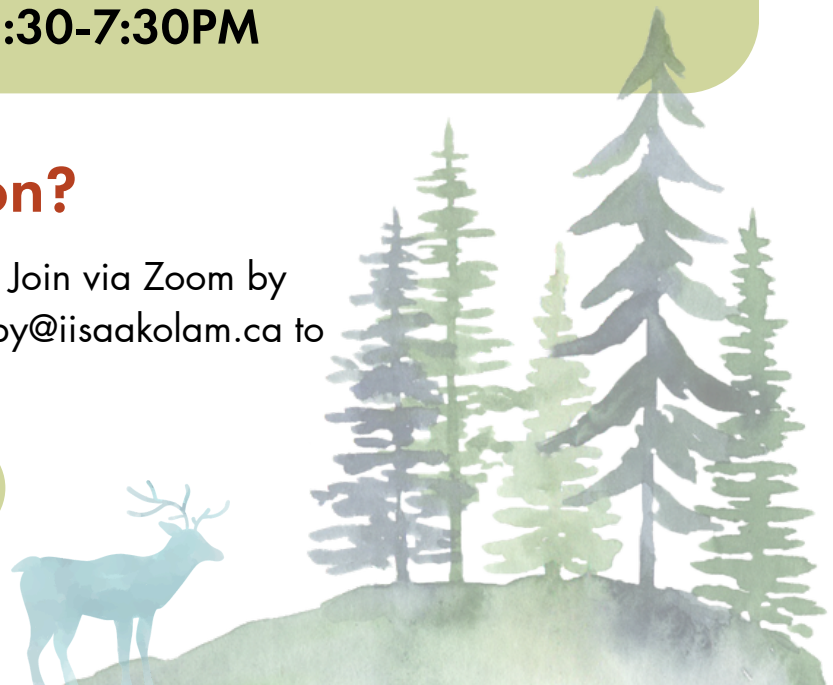
WHERE: Community Complex & Health Centre (or on Zoom)

WHEN: Thursday, April 9, 5:30-7:30PM

Can't Attend In-Person?

IPCA Community Dinners are hybrid. Join via Zoom by clicking the link below or contact abby@iisaakolam.ca to receive a calendar invitation.

[Join Zoom Here](#)





High Ground Hike

High Ground Hikes are community events held during Tsunami Preparedness Week (the second full week of April each year). In 2026, Tsunami Preparedness Week will run from April 12 to 18. The goal is to raise awareness about B.C.'s tsunami risk and give people along the coast an opportunity to practice reaching a tsunami-safe location.

We invite community members to attend this year's High Ground Hike:

**Thursday, April 16
1:00pm
@ Siasun Gazebo**

We will meet at the gazebo near Siasun Beach on IR#2, which is located in a Tsunami Hazard Zone, and hike to high ground, ending at the McMillan building where we will chat about tsunamis and how to be better prepared.

We will be well-stocked with coffee and TimBits, and rides can be provided from the gazebo to the McMillan building for anyone who needs it. Please contact Rose in the Health department if you would like to coordinate a ride.

This event should only be 1-1.5 hours in length. Everyone who attends will be entered to win a Grab-and-Go bag, including a radio, power bank, emergency blanket, and whistle.



Celebrate Emergency Preparedness at our Open House!

Join us at the T'Sou-ke Nation FireSmart Open House in May as we celebrate emergency preparedness in our communities!

Take a ride in the Quake Cottage Earthquake Simulator, meet Ember the Firefox, and chat with our presenters about creating a FireSmart community.

Families can enjoy bouncy houses, face painting, food trucks, and can enter to win a great emergency preparedness prize basket!

Featuring:

Ice Cream Truck
Bannock Room Truck
Earthquake Simulator
Firetruck Tours
FireSmart Info
Giveaways & Prizes!

**Saturday, May 9
12-3pm**

T'Sou-ke SKÁ,PEŁ I,SOT Á,LEN
**T'Sou-ke Community Complex
& Health Centre**
1000 Soses Snanet Road
(Next to EMCS & Petro-Can)





26 Weeks to Family Emergency Preparedness

It's always important to have a stash of basic supplies and necessities to last you a minimum of 72 hours in the event of a power outage or emergency. Over the next several newsletters, we'll outline a few steps you can take each month to build an essential family emergency kit.

Last month, it was recommended that you **learn about hazards in your community** and find out if the area you live in is vulnerable to landslides, flooding, or fires. It was also suggested to **prepare a first aid kit** that includes things like prescription medications, eyeglasses, bandages, gauze, antibiotic ointments, hydrogen peroxide, and over-the-counter pain or allergy medications.

In April, here are steps you can take to prepare:

WEEK 9 **Give every family member specific safety tasks** to do in an emergency. For example, designate one person to be in charge of turning off electricity, one to collect the emergency container, one to track down family members and make sure people with disabilities or special health needs are provided for. Make sure someone is also designated to looking after any pets.

WEEK 10 **Identify safe places** in your home and on your property. Plan and practice earthquake "drop, cover, hold" or evacuation drills using different escape routes. Know where your community may set up a reception centre for evacuees during an emergency.

WEEK 11 **Identify a family meeting place** away from home but close to your regular spots (between home and work or school).



Download the Alertable app for up-to-date information on weather and traffic advisories, emergencies, and more

Alertable is a free public safety and emergency notification app that provides timely alerts about emergencies and advisories for your specific locations. It can deliver critical alerts for events like natural disasters or public health emergencies, as well as advisory alerts for less severe events.

How Alertable works:

Emergency alerts: Provides timely information during emergencies like fires, floods, severe weather, or other threats to life safety.

Safety instructions: Includes clear instructions on what to do during an emergency, such as during an evacuation alert or order.

Community and public advisories: Sends community-specific notifications, such as water advisories or highway closures.

Personalized notifications: Allows you to customize alerts for multiple locations, such as your home, work, or school.

Multiple channels: You can receive alerts through the app, or via free email, SMS, and phone calls.

How to get started:

Download the app: Find the Alertable app on the Apple App Store or Google Play Store.

Sign up: Create a free account within the app or on the Alertable website.

Add locations: Enter the addresses for the places you want to receive alerts for, and choose your notification preferences.

Set up other channels: Sign up for alerts via email, text, or phone call on your local municipality's website if you prefer those methods.

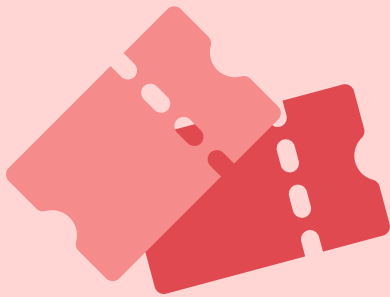


You Could Win a Switch 2 for Attending Tutoring Sessions!

In an effort to raise our tutoring numbers, we have decided we will be doing a draw for a Nintendo Switch 2!

All you need to do to be entered in the draw is attend a tutoring session. Each youth will be entered into our draw every time they come, so if you would like more chances to win be sure to attend multiple sessions!

We will be doing the draw in June 2026. Join us every Thursday from 3:30-5:30pm for tutoring with Kristi—see you soon!



Children, Youth, & Family Programming Survey Draw

Thank you to everyone who participated in the Children, Youth, and Family programming survey.

All those who completed the survey will be entered into a draw, and three winners will each receive a \$50 Walmart gift card! Winners will be contacted on April 10.





APRIL SOUP KITCHEN:

Thursday, April 9th

Pick up 11:00am-1:00pm

CCHC Building

Come pick up a fresh bowl of chicken corn chowder!

Limited quantities, first come first serve.

Social Development, Employment, & Training

Yvonne St. Pierre

📞 250-642-3957 ext. 249

✉ socialdevelopment@tsoukenation.com

📘 T'Sou-ke Jobs Board

Office Hours: Mon–Fri, 8:30am–4:30pm
(Closed daily for lunch from 12–1pm)

Important Notice for all Clients:

Declarations and Job Search Forms must be picked up **from me directly**.

This allows me to ensure that **all required documents**—including your budget and decision forms—are properly **signed before the next cheque issue date**.

MONTH	*DECLARATION DUE DATE	CHEQUE ISSUE DATE
May 2026	April 17	April 22
June 2026	May 22	May 27
July 2026	June 19	June 24
August 2026	July 24	July 29
September 2026	August 21	August 26
October 2026	September 18	September 23
November 2026	October 16	October 21

*** Your Declaration and Job Search Form (if applicable) are due the Friday before each cheque issue date.**

Friendly Reminders:

- If you're working, submit **income verification slips with your monthly declarations**.
- Provide **monthly utility bills** to ensure timely payment.
- **Print your name clearly** on your declaration and **don't forget to sign it!**

Annual Form Updates for Income Assistance Clients

In April and May, Yvonne will be conducting annual reviews with income assistance clients to update documents for individuals who have not completed new forms within the last 3 months.

If you are an income assistance client who has not filled out new forms in the last 3 months, please refer to the following items you will need to update your documents:

REQUIRED DOCUMENTATION

Identification

- **One Piece of Primary Photo ID**
(Driver's License, BC Services Card/BC ID, Passport, Status Card, Citizenship or Immigration Documents with photo, CSC Offender ID Card)
- **One Piece of Secondary (Non-Photo) ID**
(Another Primary ID, BC Services Card, Birth Certificate, Bank or Credit Card, Citizenship or Immigration Documents)
- **Valid and Verified Social Insurance Number (SIN)**

Financial Information

- **Income Verification**
(Bank statements for the last 3 months, most recent Notice of Assessment and E.I. cheque stub if applicable)
- **Asset Verification**
(Vehicle registration, bank or stock account profile)
- **A Void Cheque**

Shelter Documentation (if applicable)

- **Utility bills**
(Hydro, residential phone, gas, wood fuel, homeowners insurance)
- **Rental documentation**
(tenancy agreement, rent receipt)
- **Homeownership documents**
(Certificate of Possession, custom holdings, Cardex holding, mortgage documents)

Additional Documentation (If Applicable)

- Medical documentation related to ability to work
- Special Diet / Natal Supplements Allowance (physician's note required)
- Documentation showing urgent need (if Emergency IA is requested)
- Other financial documents (loans, inheritance, family support)
- Skilled training certificates or other certifications

CONTACT YVONNE TO RECEIVE THE FOLLOWING FORMS:

Essential Forms (Must Be Completed in Full)

- Application for Social Assistance (901-27)
- Request for Verification of Income Assistance – Service Canada
- Request for Verification of Income Assistance – Ministry of Social Development and Poverty Reduction
- Consent to Release Information (901-23)
- Monthly Renewal Declaration (901-28) (new every month - get from Yvonne)
- Job search documentation (resume, work search records, case notes) (new every month - get from Yvonne)
- Third Party Administration Agreement (901-19)
- Individual Direct Deposit Authorization Form
- Administration of Benefits



Working together to bring Government services to you.



Representatives will be in your community:

DATE

Wednesday April 15, 2026

TIME

10:00 to 3:00

LOCATION

1000 Soses Snanet Rd

Please come in during the date and times listed above to ask questions about any of our programs.

Canada Revenue Agency (CRA)

- Tax Slip information (T4, T5007, T4A -Pension, T4A- OAS and more)
- Notice of Assessments (NOAs) and Assistance with CRA correspondence
- Benefits and Credits information: Disability Tax Credit (DTC), Canada Child Benefit (CCB), GST/HST credit, Canada Worker's Benefit (CWB)
- Account updates (address, contact number, etc.)

Service Canada

- Pension information on Old Age Security and Canada Pension Plan
- Get a Social Insurance Number (birth certificate in most cases will be required)
- Receive an access code to sign up for online My Service Canada
- Canadian Dental Care Plan – Information and Application/Attestation
- New Canada Disability Benefit
- General Government of Canada information

Please bring any ID you have as what is required will depend on what services you are accessing.

Presented by: Service Canada and the Canada Revenue Agency.

Canada



Government of Canada

Gouvernement du Canada



Fisheries & Marine

The Fisheries Department is getting ready to prepare for its field season, organizing its schedule, conducting capacity-building activities, and attending meetings and conferences. Ongoing stewardship work with partnered organizations includes but is not limited to:

- Acoustic Cutthroat Tagging, and forage fish spawn surveys with Peninsula Stream and Shorelines Society (PSS)
- eDNA sampling for the Integrated Coastal Observatory (ICO) with the Tula foundation
- Supporting the Sooke Salmon Enhancement Society (SSES) with their ongoing hatchery efforts at the Sooke River Jack Brooks Hatchery
- eDNA sampling and Early Detection Monitoring (EDM) for European Green Crab (DFO)
- Light Trap Sampling for Dungeness Crab Larvae (Hakai Foundation)

In the past month, the Fisheries department has collectively attended 8 events on a wide variety of topics, such as a Coast Cutthroat Symposium, a First Nations Fisheries Council Watershed Knowledge Sharing and a Cumulative Effects of Marine Shipping Workshop, and Island Marine Aquatic Working Group tier 1 meetings. Additionally, the department is still working behind the scenes and helping the Nation declare an IPCA with IISAAK Olam on the Indigenous Protected and Conserved Areas (IPCA) project, helping host dinners and working in the background.



Did You Know?

Forage fish travel in large 'bait balls' similar to 'schools' to avoid predators.

Photo of a herring bait ball

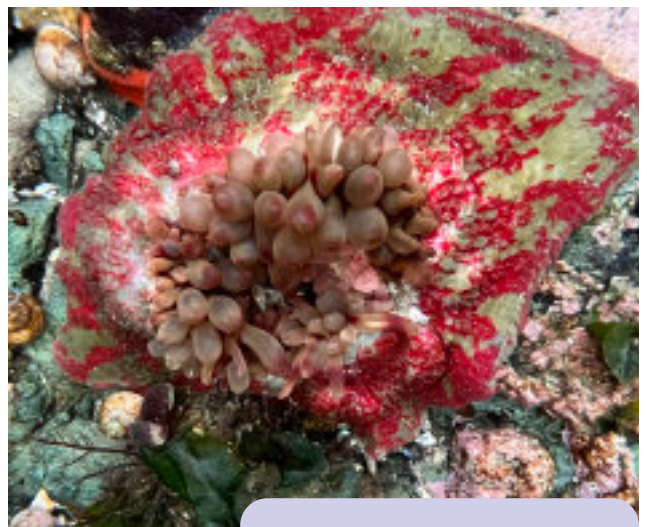


Q: How did the octopus make the whale laugh?

Species of Focus: **Intertidal Organisms**

An intertidal organism is an organism that lives within the intertidal zone. Most intertidal organisms are classified as invertebrates, meaning they lack a defined spine. The intertidal zone is defined as the area where land is completely submerged at high tide and exposed to air at low tide. This zone houses a wide variety of habitats, such as rocky cliffs, sandy beaches, mudflats, and tidal pools, which house a wide variety of organisms such as sea stars, sea slugs, sea cucumbers, anemones, shellfish, and algae. These are highly adapted creatures who have learnt how to survive harsh conditions, such as drastic changes in temperature and salinity.

Although these are resilient creatures, they face threats outside of their control from anthropogenic (originating from human activity) causes. For example, coastal development, the current rate and state of urbanization, and infrastructure has led to beach/coastal erosion and loss of habitat by disrupting natural shorelines. And pollution from runoff, oil spills, sewage, and other harmful pollutants. Intertidal organisms may learn how to survive harsh conditions, but they cannot adapt to match the pace of climate change and the events associated with it, like sea level rise, ocean acidification, and hypoxia (low oxygen levels), an increased storm frequency and intensity.



A: With ten-tickles

Meals on Wheels

April Meal Menu

Please note the Meals on Wheels schedule has changed to Wednesday and Friday delivery dates. A notice has been sent to program recipients.

Wednesday, April 8	Friday, April 10
Hearty hamburger soup, carrot sticks, buns <i>Peach Cobbler</i> Milk/Juice	Nuts & Bolts stirfry <i>Bread pudding</i> Milk/Juice
Wednesday, April 15	Friday, April 17
Split pea soup, bannock, green salad <i>Mousse</i> Milk/Juice	Cod, nugget potatoes, coleslaw, buns <i>Berry crisp w/ whipped cream</i> Milk/Juice
Wednesday, April 22	Friday, April 24
Shrimp linguine, caesar salad <i>Berries w/ whipped cream</i> Milk/Juice	Classic macaroni salad, green salad <i>Mousse</i> Milk/Juice
Wednesday, April 29	
Roast beef, potatoes, carrots <i>Cinnamon apples</i> Milk/Juice	

Meals are subject to change depending on availability of products.

Please ensure there is a cooler outside your door, clearly marked for your Meals on Wheels to go into if you are not home. This keeps your meals safe from animals. Thank you.

This is a needs-based program. If at any time an Elder or member requires this service due to medical reasons and/or needs some extra help, this service is offered. To receive this service, one of our nurses will set up appointments for assessments.

Health Department

Book appointments with us via phone, email, or Facebook

📞 250-642-3957

📘 T'Sou-Ke Nation Health Office

THURSDAYS

9:00am–3:00pm

Diabetes Care

COMMUNITY COMPLEX & HEALTH CENTRE

Brenda from our primary care team is in-house every Thursday to support patients in managing Type 1, Type 2, and gestational diabetes, and can provide education and guidance around diabetic care.

Book via Health Department 250-642-3957

MONDAYS

THURSDAYS

9:00am–3:00pm

In-House Mental Health & Wellness Support

COMMUNITY COMPLEX & HEALTH CENTRE

Angela offers trauma-informed, culturally humble mental health and substance use counselling, along with family support and grief and loss care.

Book via Health Department 250-642-3957

TUESDAYS

12:00–7:00pm

Counselling & Wellness Services

HEALTH OFFICE (LAZZAR IR#1)

Sea To Tree works with children, youth/teens, adults, couples, parents, and families to support mental and emotional well-being.

The Health Department has partnered with Sea To Tree Health & Wellness to offer in-house services every Tuesday for T'Sou-ke Nation members, their spouses, and their children.



Please book ahead if possible, but drop in if you need to!

Book via Health Dept. or call 778-352-3115

Indigenous Wellness Provider

In partnership with the South Island Primary Care Network, T'Sou-ke Nation's Indigenous Wellness Provider, Kristin, works closely with clients, families, and our care team to support access to health services and care planning, provide advocacy, and accompany clients to medical appointments where possible.

To connect or to receive an intake form, contact Kristin:

iwpreferrals@tsoukenation.com
778-584-2452

Please note: these services are intended for T'Sou-ke Nation members & their families unless otherwise stated.

5:00–6:00pm

Sooke Boxing Club (Adult Fitness)

LAZZAR BUILDING

MON

WED

FRI

12:00–1:00pm

Sooke Boxing Club (Adult Fitness)

LAZZAR BUILDING

TUE

THU

6:00–8:00pm

Sooke Boxing Club (Advanced)

LAZZAR BUILDING

TUE

THU



9:30–11:30am

Walking Together in Wellness

This walking groups is geared toward T'Sou-ke adults and senior community members who are looking for light exercise in a casual setting.

Common locations include the Galloping Goose, Whiffin Spit, Roche Cove, or SEAPARC during bad weather!

- Includes warm-up and cool-down stretches
- Walking aids and rest seats available
- Companions welcome
- Limited rides available based on need

Contact Debbie to join!

250-642-3957 ext. 235 or email mchworker@tsoukenation.com

WEDNESDAYS

Seaparc Passes

Seaparc passes are available at the Health office! Families are eligible for 4 passes per month.



6:00–7:00am

Rise & Shine

BAND HALL (LAZZAR IR#1)

Greet the morning sun with this invigorating morning exercise routine

MON

WED

FRI

7:30–8:30pm

Full Body Strength

BAND HALL (LAZZAR IR#1)

Plan an evening stretch-and-flex in this full body strength training program

MON

WED

12:00–1:00pm

Yoga

HEALTH OFFICE (LAZZAR IR#1)

Find a moment of peace during this relaxing afternoon yoga class

FRI

To inquire about these health services or book an appointment, contact the Health Department or watch for monthly bookings shared on the T'Sou-ke Nation Health Office Facebook page.

☎ 250-642-3957

Dr. Kluge's Clinic

What is this service?

A one-day monthly clinic to access physician services. You may access this service regardless of whether or not you have a family doctor.

Who is this for?

Families on and off reserve requiring access to a physician

THIS MONTH'S CLINIC:
TBD - Check FB Health page

Reflexology (monthly)

What is this service?

Reflexology provides relaxation, eases stress and tension, and helps with general well-being. It can also reduce pain and improve circulation and muscle tone.

Who is this for?

Families and spouses living on and off reserve

Acupuncture (monthly)

What is this service?

Holistic treatment for a variety of health-related needs which can be discussed with Dr. Donna Ogden

Who is this for?

Families and spouses living on and off reserve

Blood Pressure Readings

What is this service?

A drop-in service to have your blood pressure taken and read by our community nurse.

Who is this for?

Families and spouses living on and off reserve

Homemaking Services *

What is the service?

Weekly house cleaning

Who is this for?

Families living on reserve who have health or mobility challenges that impact their daily lives on a short-term or long-term basis

Home Care Support *

What is this service?

Weekly sessions for those who need assistance with personal care such as bathing safely, getting to appointments, companionship, light housekeeping, grocery shopping, and other day-to-day activities.

Who is this for?

Families living on reserve who have health or mobility challenges that impact their daily lives on a short-term or long-term basis

Meals on Wheels *

What is this service?

Nutritious lunches delivered twice a week (except on holidays)

Who is this for?

Families living on reserve who have health or mobility challenges that impact their daily lives on a short-term or long-term basis

In-Home Mobility *

What is this service?

Assessing and addressing current mobility challenges to strengthen and increase mobility with Dr. Donna Ogden. These are done on a weekly or bi-weekly basis.

Who is this for?

Families living on reserve

Foot Care *

What is this service?

Toenail clipping and foot health education relating to diabetes

Who is this for?

Families and their spouses living on or off reserve who have diabetes or other health/physical limitations

*** Some services will require assessment to access**



T'Sou-ke Nation Primary Care Update: Dr. Kluge's Clinic

We are excited to share that we are one step closer to moving to weekly physician clinics here at T'Sou-ke Nation! As we prepare for this transition, we are gathering information from our members and families to help us plan effectively.

We would love to hear from you:

Do you currently have a family physician?

If not, would you be interested in becoming a patient with Dr. Kluge here at the Nation?

If you have a doctor elsewhere, would you consider transferring your care to receive services closer to home?

For those living away from home within the broader region, would you be willing to travel to access care here in community?

Bringing care home allows us to strengthen wrap-around supports, coordinate services with our nursing and wellness teams, and continue building culturally grounded care for our people.

Dr. Kluge will be accepting new patients as we prepare to move to weekly clinics. These will include our members, their spouses and their families.

If you are interested in becoming a patient or would like more information, please contact our Health Manager, Rose, via rosedumont@tsoukenation.com or by calling 250-642-3957 ext. 237.

We look forward to continuing to grow our primary care services together.

Monthly doctor clinics are posted in the newsletter and on the T'Sou-ke Health Facebook page. New clients are always welcome from our members, their families and their spouses.

First Nation Primary Care Initiative Team at the Community Complex & Health Centre

Mondays and Thursdays 9:00am–3:00pm

We are pleased to share information with the T'Sou-ke Nation members about the First Nations-led Primary Health Care Initiative (FNPCI). The FNPCI is an initiative designed, governed, and led by First Nations to strengthen access to culturally safe, community-based primary health care across British Columbia.

The FNPCI supports the development of Primary Care teams that bring care closer to home, grounded in First Nations values, relationships, and community priorities.



Kurstin Pfeifer
Registered Nurse



Lisa George
Medical Office Assistant



Angela Hammell
Mental Health Clinician

As part of this initiative, new primary care staff will be coming into community to offer a range of services, including:

- Primary health care
- Mental wellness and counseling supports
- Nursing services RN
- Administrative and care coordination support

These services are intended to improve access to care while ensuring it is respectful, culturally safe, and responsive to community needs.

To learn more about the FNPCI, visit the FNHA website here:

<https://www.fnha.ca/what-we-do/health-system/first-nations-led-primary-health-care-initiative>

More information will be shared soon about service dates and how to access supports in community. For more information, please contact Rose Dumont, Health Manager at 250-642-3957 ext. 237 or RoseDumont@tsoukenation.com

Indigenous Wellness Provider

Goal

Improve health outcomes for Nation members and their families located within the South Island Primary Care Network (Western Communities) and T'Sou-ke First Nation (T'Sou-ke, Sc'ianew and Pacheedaht Nations).

Role

The Primary Care Network (PCN) and T'Sou-ke First Nation's Indigenous Wellness Provider provides direct support, access, education and health care planning to Indigenous people, while honouring traditional healing practices. They work in collaboration with the PCN Care Team and other care providers to provide a seamless, holistic and culturally safe approach to health and wellness.

Services

- Works with clients and the PCN Care Team to develop and implement client-centred, holistic and culturally safe health care plans.
- Practices cultural safety and humility, harm reduction and trauma-informed care while honouring traditional healing practices.
- Supports mobility and/or advocacy needs; provides transportation to medical appointments where possible, including accompanying clients into appointments as needed.
- Works with clients and families, providing education, support, and assistance to access health interventions.
- Works with community agencies to promote their services for community members and their families.

Suitable Referrals

Community members and their families from T'Sou-ke, Sc'ianew and Pacheedaht First Nations.

Connect with us!

E: IWPreferrals@tsoukenation.com | P: 778-584-2452





T'SOU-KE NATION

PAINT! NIGHT!

WITH KELSIE



Monday, April 27, 2026

6:00 pm – 8:00 pm

Doors open at 5:30 PM for a light dinner

CCHC BUILDING – MAIN HALL

LIMITED TO 40 PARTICIPANTS

REGISTER WITH

RoseDumont@tsoukenation.com

Housing Policy Appendix "A"

T'Sou-ke Nation Rental Housing Application

(For T'Sou-ke Members)

Your Rental Housing application must be updated by March 31 of each fiscal year if you wish to remain on the rental housing list. Please note the Rental Housing list is separate from the Housing Lot list.

Background Information

1. Name _____
2. Phone _____
3. Mailing Address _____
4. Email Address _____
5. Are you a registered member of the T'Sou-ke Nation? _____
6. Birth date _____
7. Did you apply for housing before? When? _____
8. How long have you been on the Housing Waiting List (if applicable)? _____
9. How many applications have you made to the Housing Department before this application (including yearly renewals)? _____
10. Have you been convicted of any violent crime or of a crime against a child? _____

Household Composition

11. Family Members (name and age) – who would live in the rental home

Name: _____ Age: _____

Name: _____ Age: _____

Name: _____ Age: _____

Name: _____ Age: _____

Name: _____ Age: _____

12. Are any of your children who are over 18 years old dependent¹? _____

13. Are you a single parent? _____

14. Does anyone require disabled access or other special modifications? _____

15. How many household members are T'Sou-ke members? _____

16. Family Pets (list all) – who would live in the rental home _____

Present Living Arrangement & Conditions

17. What is your present living arrangement (privately owned home, rent-to-own home, rental unit, or no home)?

18. Are there health or safety risks in your current dwelling? (If yes please describe and provide any supporting documentation) _____

19. Is your current housing situation temporary (i.e., not available for much longer)? _____

20. Is your current home overcrowded? (If yes please describe the situation) _____

21. Are there any serious health or safety concerns you have with your current dwelling or housing situation?

(e.g., homelessness, fleeing domestic relationship, living in severely inadequate housing)

If yes please describe and provide any supporting documentation) _____

¹ "dependent" means a single child, stepchild, adopted child or legal ward who is mainly supported by you, who is under the age of 25 and registered in full-time school; or a person who of any age is dependent on you due to mental or physical disability.

Household Income

22. What is your monthly household income (all sources)? _____

23. What is your credit rating? _____

24. If you receive social assistance, do you have confirmation from the Income Assistance for Shelter component?

25. What is the main source of your income (e.g., full or part time employment, EI, social assistance)?

References

26. References from current or previous landlords are not obligatory but a positive reference will help your application. T'Sou-ke Housing Department will review its files on any applicants who were previously T'Sou-ke tenants.

A reference should be in writing and include the name and contact information of the landlord, the dates of your tenancy, and it should confirm that you maintained the accommodations in good condition and that you paid rent on time.

Please note that all Tenants must be willing to meet the basic maintenance and general upkeep obligations for the T'Sou-ke Rental Home as set out in the T'Sou-ke Housing Policy and Rental Agreement, except to the extent that they have physical limitations that make them unable to do so.

This application must be updated each year by March 31 to remain eligible for rental housing.

Applicant's signature _____

Date of receipt of Application _____ (date to be filled in by Housing Department)



TE'MEXW
TREATY ASSOCIATION



Malahat



Songhees



T'Sou-ke Nation

**SCAN THE QR CODE
TO SIGN UP FOR TREATY UPDATES**

Scan me



info@temexw.org




250-360-2202



5 Nations Elders' Event

April 24, 2026, from 1:30 pm PT

 **Venue:** Khowutzun Heritage Centre,
200 Cowichan Way, Duncan

Warmly inviting Elders from Songhees, T'Sou-ke, Snaw-naw-as (Nanoose), Beecher Bay (SC'IANEW), and Malahat to join us for:

- A conversation on Eligibility and Enrolment
- Learning from Elders of other BC Modern Treaty Nations
- Sharing a meal



On-site parking available



Share a meal with the guests



Bus Transportation is being arranged!

Contact your Nation's Treaty team, if you are interested in attending:


Songhees Frankie Taylor:
ftaylor@temexw.org

Malahat Christine Henry:
chenry@temexw.org

Beecher Bay Sharon Jay:
sjay@temexw.org

T'Sou-ke Julia Hale:
jhale@temexw.org

Snaw-naw-as Loretta Cook:
lcook@temexw.org

 **250-360-2202**



5 Nations Gathering



- **April 25, 2026 from 9:30 am to 5:00 pm PT**
- Te'mexw Treaty Association warmly invites members from Songhees, T'Sou-ke, Snaw-naw-as (Nanoose), Beecher Bay (SC'IANEW) and Malahat to a gathering to talk Treaty
- **Venue:** Khowutzun Heritage Centre, 200 Cowichan Way, Duncan



Onsite parking available



Share a meal and talk Treaty



Fun draws throughout the day



REGISTER NOW

- **Please register** by scanning the QR code or contacting us, or your Nation's Treaty Clerk. This helps us plan meals, seating, childcare, and wellness spaces for all attendees.

SCAN ME!



250-360-2202



info@temexw.org

MAY

T'SOU-KE COMMUNITY MEETING

May 7, 2026

Dinner: 5:30 p.m. PT

Meeting/Livestream: 6:00 p.m. PT



Join the negotiations team to continue discussing chapters from the Treaty Made Clear document.



- Venue: T'Sou-ke Community Complex & Health Centre
- Located near Tim Hortons and Petro Canada on IR 1, just off of Highway 14
- Dinner will be provided at 5:30 p.m. PT for in-person attendees
- Members attending the full meeting will receive a \$35 handshake

Unable to join us in person?

Simply scan the QR code below using a phone camera or reach out to your Treaty Support Clerk for the Zoom link to register.



The Livestream is slated to start at 6:00 p.m. PT

For more details, kindly contact Julia Hale at jhale@temexw.org or email info@temexw.org



SUM-SHA-THUT-LELLUM

PRE *K* PROGRAM

2026/2027 REGISTRATION



PLEASE NOTE:

All CHILDREN REGISTERING MUST TURN 3 by December 31, 2026

- Registration begins April 1, 2026 at 8:30am for **T'SOU-KE NATION**
- Registration begins April 17, 2026 at 8:30am for **STATUS FIRST NATIONS CHILDREN** (children must have their own Status or Métis Card) **AND CURRENTLY REGISTERED CHILDREN.**
- Registration begins May 1, 2026 at 8:30am for **GENERAL PUBLIC** .

All registrations are to be dropped off at the T'Sou-ke Administration office. Staff must date and sign all registration forms as they come in. Spots are given on a First -Come - First Serve-basis

All Registration Forms must be COMPLETELY filled out and include items listed below or WILL NOT BE ACCEPTED.

Please ensure your child's form includes:

- Start Date
- Child's Personal Health Number
- Please attach 2 photos of child
- Copy of child's immunization records



PREK PROGRAM START DATE: September 8, 2026

DUE AT TIME OF REGISTRATION: All registrant's **accepted** into PreK program are required to pay a deposit of \$300 due at time of registration.
(Members Exempt)

ALL DEPOSITS ARE NON-REFUNDABLE



Sum-SHA-thut-Lellum's Registration Form
(Include a photo of child)



CHILD'S STARTING DATE: / / **SEX:** M___ F___ **DATE OF BIRTH:** / /

NAME OF CHILD:

_____ (Surname) (Given Names) (Also known as)

Name the child responds to: _____

Address: _____

Postal Code: _____ Phone: _____

Person(s) with whom the child lives (adults and children): _____

Child's first language: _____ Other Languages: _____

T'SOU-KE NATION MEMBER **STATUS ABORIGINAL** **NON-ABORIGINAL**

PARENT(S) / GUARDIAN(S):

Name: _____ Home Phone: _____ Cell Phone: _____

Work Phone: _____ Days/hours of work: _____ E-mail: _____

Name: _____ Home Phone: _____ Cell Phone: _____

Work Phone: _____ Days/hours of work: _____ E-mail: _____

MEDICAL INFORMATION

Child's Doctor _____ Phone: _____

Child's Dentist _____ Phone: _____

Child's Personal Health Number: _____

ALTERNATE PERSON TO CALL/PICK-UP CHILD IN CASE OF EMERGENCY:

Name: _____ Relationship to Child: _____

Home Phone: _____ Work Phone: _____ CellPhone: _____

Name: _____ Relationship to Child: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

PERSONS (OTHER THAN PARENT/GUARDIAN AND EMERGENCY CONTACTS) AUTHORIZED TO PICK UP CHILD FROM FACILITY:

Name: _____ Relationship to Child: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Name: _____ Relationship to Child: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Name: _____ Relationship to Child: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

PERSONS NOT PERMITTED TO ACCESS TO CHILD:

Name: _____ Phone: _____

Name: _____ Phone: _____

Are there Custody orders? YES NO If answered yes please provide a copy to facility.

HAS THE CHILD PREVIOUSLY ATTENDED DAYCARE/PRESCHOOL?

YES NO Comments: _____

COMMENTS/INSTRUCTIONS TO HELP US CARE FOR YOUR CHILD (PLEASE FEEL FREE TO ADD ADDITIONAL PAGES)

Toileting (special words): _____

Rest Time (special comfort-toy/blanket): _____

Eating/Mealtime (include food likes/dislikes): _____

Fears: _____

PLEASE TELL US ANYTHING ELSE YOU THINK WILL HELP US PROVIDE AN ENRICHING EXPERIENCE FOR YOUR CHILD:

DOES YOUR CHILD HAVE:

A medical condition/concern? YES NO If yes, please provide further information: _____

Allergies? YES NO If yes, please provide further information: _____

Asthma? YES NO If yes, please provide further information: _____

Has your child had a seizure in the past year? YES NO If yes, please provide further information: _____

Does your child require a special diet related to a medical condition? YES NO If yes, please provide further information: _____

Food sensitivities? YES NO If yes, please provide further information: _____

BASIC SCHEDULE AND RECORD OF IMMUNIZATIONS AS SUBMITTED BY PARENT/GUARDIAN (ATTACH IMMUNIZATION RECORD - OR RECORD THE DATES)

	1 ST VISIT @ 2 MO.	2 ND VISIT 2 MO. AFTER 1 ST	3 RD VISIT 2 MO. AFTER 2 ND	4 TH VISIT 12 MO. OF AGE	5 TH VISIT 12 MO. AFTER 3 RD	5-6 YRS.	GRADE 6	GRADE 9
INDICATE DATES IMMUNIZATION RECEIVED								
DIPHTHERIA	*	*	*		*	*		*
PERTUSSIS	*	*	*		*	*		
TETANUS	*	*	*		*	*		*
POLIOMYELITIS	*	*	*		*	*		
HIB1	*	*	*		*			
MEASLES				*	*			
MUMPS				*	*			
RUBELLA				*				
HEPATITIS B	*2	*2	*2				*3	

BY MY SIGNATURE BELOW I ACKNOWLEDGE THE FOLLOWING:

I HEREBY GIVE MY CONSENT FOR A STAFF MEMBER TO CALL A MEDICAL PRACTITIONER OR AMBULANCE FOR MY CHILD IN THE CASE OF ILLNESS, IF I CANNOT IMMEDIATELY BE REACHED.

PARENT'S SIGNATURE: _____

DATE: / /

THIS BOX FOR OFFICE USE ONLY	
DATE RECEIVED _____	SIGNATURE _____